



Stoney Creek Elementary
Student Services Newsletter
October 2022



October is Bully Awareness and Prevention Month

What is Bullying?

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying can happen anywhere.

By understanding what bullying is, we can better prevent it from happening.

Physical Bullying involves hurting someone's body or possessions. Examples include: hitting, pushing, shoving, tripping, yelling at someone, making rude gestures, and taking or breaking someone's possessions.

Verbal Bullying involves saying or writing mean things. Examples include: teasing, name-calling, taunting, threatening, inappropriate sexual comments.

Relational Bullying involves hurting someone's relationships or reputation. Examples include: leaving someone out on purpose, spreading rumors and lies, making fun of someone, embarrassing someone on purpose, and trying to make someone feel bad for who they are.

[How Parents, Teachers and Kids Can Take Action to Prevent Bullying](#)

Cyber Bullying is bullying that uses technology - internet, email, cell phones, social media and pictures to hurt or harm someone else. Examples include: sending mean text messages, posting statements online that are not true, sending or posting pictures that are not yours to share, and agreeing with someone who posts something hurtful.

[Check out this website for more information about what bullying is and how to prevent it.](#)

How to Prevent Bullying

1. Help kids understand what bullying is and how to stand up to it.
2. Keep the lines of communication open and check in with your kids often.
3. Encourage kids to do what they love and be who they are.
4. Model how to treat others with kindness and respect.

Spirit Week

Monday, October 17 - Be a Hero in Someone's Life - Wear a superhero costume or t-shirt.

Tuesday, October 18 - We are ALL on the SAME Team - Wear your favorite sports gear.

Wednesday, October 19 - Put Bullying to Rest - Wear school appropriate pajamas

Thursday, October 20 - Be Yourself with Silly Hair and Socks

Friday, October 21 - Unity Day to Promote Kindness, Acceptance and Inclusion - Wear Orange

<p>Attendance is very important for helping to support learning and student success.</p> <p>Please continue to make every effort to get your child to school every day on time.</p>	<p>Counselor Support</p> <p>Mr. Lassiter, grades K-2 Mrs. Ellis, grades 3-5</p> <p>terrence.lassiter@cms.k12.nc.us robini.ellis@cms.k12.nc.us</p> <p>980-344-1030</p>	<p>Wednesday, October 26 is an Early Release Day</p> <p>Monday, October 31 is a Teacher Workday</p>
---	--	---

Book Spotlight

***Weird!* by Erin Frankel**

This series highlights what bullying is and how to handle it, while also illuminating the roles involved with bullying.

***Dare!* By Erin Frankel**

***Tough!* By Erin Frankel**

***My Secret Bully* by Trudy Ludwig**

A story to raise awareness of relational bullying.

***There Might Be Lobsters* by Carolyn Crimi**

A funny and honest read aloud about how scary the unknown can be and about the empowerment that comes from springing into action.



